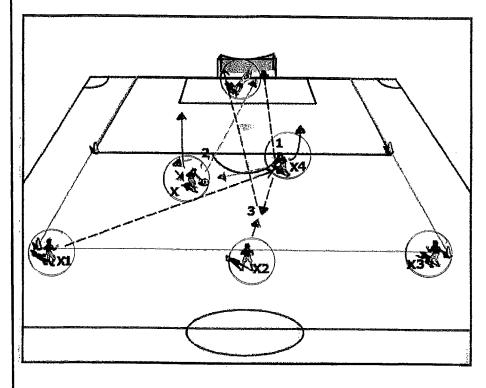
Intro



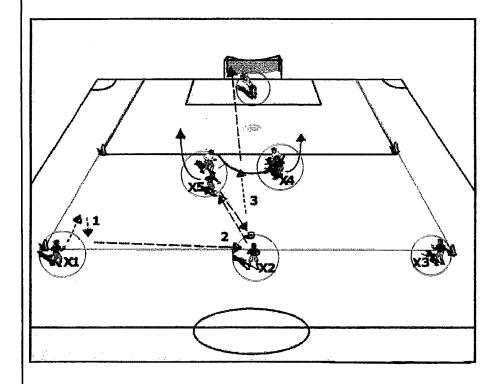
40x44 Yard

- 1. Turn & shoot
- 2. Set up 2nd striker to shoot
- 3. Set up Midfielder to shoot

Coaching Points

- Message in pass
- Body position to receive
- Body behind the ball
- 1st touch decision
- Movement off ball
- Eye on ball to strike
- Attitude & accuracy
- Part of foot & ball

Twin Strikers

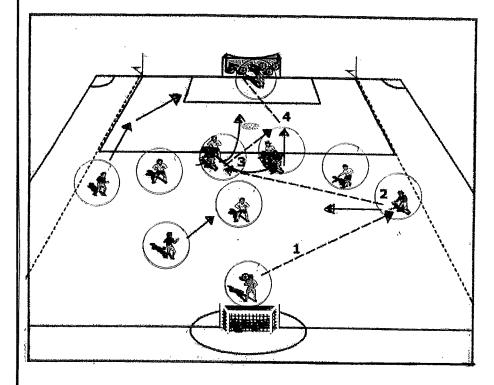


40x44 Yard

Coaching Points

- Pace & weight of pass
- Timing /angle of spins
- Eyes on ball to strike
- 1st touch out of feet
- Head up
- Accuracy & attitude
- Rebound

6v6 Small Sided Game



60x40 Yard

Coaching Points

- Message in pass
- Come off defender on angle
- Body position
- Can I turn Can I shoot
- Timing/Pace/Weight of pass
- Timing/Angle of spin/run
- Eyes on ball to strike
- Accuracy